



# HEALTHY CLUB OFFICER

## ROLE DESCRIPTION

The role of the Healthy Club Officer is to help your club become a healthier place for everyone to enjoy. *(Note that this position has replaced the former Health & Wellbeing and ASAP Officer roles.)*

Officers are appointed rather than elected and will be supported in their work by their Club Executive and their County Health & Wellbeing Committee.

Training, policies, programmes, partnerships, and resources specific to the role are available (see [www.gaa.ie/community](http://www.gaa.ie/community) for more details).

### RESPONSIBILITIES

- Attend Healthy Club Officer training as provided by County Health & Wellbeing Committee
- Use the 7 Step process outlined in the training to start your Healthy Club journey (see breakdown of steps on page two)
- Utilise the GAA's Healthy Club manual and Community & Health Department website ([www.gaa.ie/community](http://www.gaa.ie/community)) as a source of useful resources, information, and case studies
- Ensure that the club has a Critical Incident Response Plan in place (template and manual available from above with support available from County Health & Wellbeing Committee)
- Attend club executive meetings and/or regularly report on activities
- Officer **WILL NOT BE** required to provide direct services or support to members but may help signpost to appropriate services provided by local/national agencies and/or voluntary groups

### REQUIREMENTS

- Good communication and interpersonal and organisational skills (computer literacy is essential).
- Ability to work with other club officers (Children's/Coaching Officer) and the Executive as required.
- Have a genuine interest and knowledge in the Association and interest in health and wellbeing.
- Good standing in the community and the ability to deal discretely with potentially sensitive issues.
- Willingness to attend training as provided by the GAA or its partners

### RECOMMENDATIONS

- It is recommended that the Healthy Club Officer be appointed for a minimum of two years to allow adequate time to develop and embed the role
- To offer interested volunteers the opportunity to contribute and get involved it is recommended to create a Healthy Club project team where possible
- Interested clubs should seek additional support and recognition by participating in the Healthy Clubs project (Phase 3 to open to 150 clubs in early 2018, Phase 4 to open to all clubs in Jan 2020)

### ADDITIONAL INFORMATION AND SUPPORT

- Training for Healthy Club Officers and project team members will be provided at county level each year. Contact your County Secretary or County HWC chair for details
- Further information can be sought by emailing [community.health@gaa.ie](mailto:community.health@gaa.ie)



This process is covered in great detail during the Healthy Club Officer training including exploring through case studies what has worked in other clubs participating in the Healthy Club project.